



## CHRIST CHURCH LIKAS

To Know Christ & to Make Him Known  
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Suffragan Bishop: The Rt. Rev. Kenneth Thien Su Yin  
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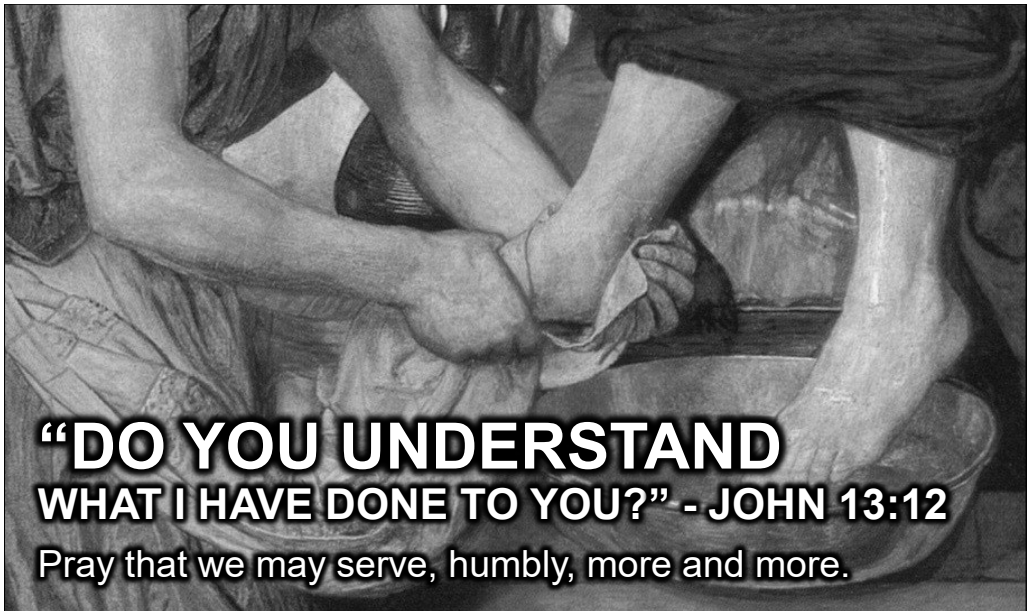
## 1st Sunday of Lent - 22 February 2026

### A Prayer for Today

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to Your Spirit; and, as You know our weakness, so may we know Your power to save; through Jesus Christ our Lord. Amen

Gospel - John 13:1-12

Responsive Reading - Philippians 2:3-11



**“DO YOU UNDERSTAND  
WHAT I HAVE DONE TO YOU?” - JOHN 13:12**

Pray that we may serve, humbly, more and more.

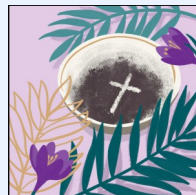
English Worship Service is **live-streamed, 9:30 a.m.:**

- YouTube: [https://www.youtube.com/  
@christchurchlikas/streams](https://www.youtube.com/@christchurchlikas/streams)

Welcome to a gathering of God's people.  
We gather to worship the risen Lord Jesus  
and to encourage one another to obey Him.

## 1. SEASON OF LENT

This period of 40 days is meant for us to press the 'pause' button; and reset our lives. Clear the clutter and start again. Spent time to reflect, repent and be reconciled, restored and renewed. Some activities to help us:



- Noon Prayers - Mon-Fri, 12:00 pm-12:30 pm. Hybrid - in church and on Zoom. Three languages; conducted separately (different 'rooms').  
**Zoom Meeting ID: 880 9835 3961**      **Passcode: 570597**
- Bible reading & prayer - use the weekly bible reading schedule and prayer items as a guide. Or you may use the one provided by the Diocese (refer relevant links).
- Fast & pray - discipline our bodies and spend more time in prayer
- Read a book or study a topic that helps in our Christian understanding and growth
- Give alms - set aside some money for welfare and charity.

## 2. 'NEW REALITIES' - GROWING TO BE MORE LIKE JESUS

For the 5 Sundays in Lent, we will meditate on the teachings that Jesus gave in the Upper Room, on the night that He was betrayed. They are found in John 13-17. The topics:

- **22 Feb, Lent 1: 'Be Humble' - John 13**
- 1 Mar, Lent 2: 'Be Guided' - John 14
- 8 Mar, Lent 3: 'Be Linked' - John 15
- 15 Mar, Lent 4: 'Be Prepared' - John 16
- 22 Mar, Lent 5: 'Be One' - John 17
- Holy Week & Easter: 'New Life' - happenings at the garden; rest of John's Gospel.

## 3. 'PROJECT INVEST'

We still await the issuance of the 'Certificate of Occupation' by the town council, DBKK. Pray for God's favour. The building fund stands at RM1.19m. We need RM1.20m. Thank you for your strong support.

#### 4. **CONFIRMATION CLASSES**

Confirmation classes will begin in March. Those wishing to be confirmed this year, please register. The classes help the candidates to understand the basics of the Christian faith and help them develop certain spiritual disciplines - bible reading, prayer, worship, etc.

The Confirmation Service is scheduled for 23 August. At that occasion, the candidates make a public confession of faith in the Lord Jesus Christ.

#### 5. **CHOIR 'MISSION' TO TAWAU**

Our choir is preparing a short-term mission trip to Tawau, 17-19 April. The aim is to bring encouragement through songs and life's stories. You may want to be part of this special choir, or to provide the music. Practices are on every Saturday, Omega Hall, 5:00 pm-6:00 pm. Contact Vivienne.

#### 6. **OTHER MINISTRIES**

- 25 Feb, Wed - 7:30 pm: **CH young adults** resume.
- 26 Feb, Thu - 8:00 am: Holy Communion; followed by **Home Communion**.
- 28 Feb, next Sat - **Evergreens** CNY celebration; Omega Hall, 9:30 am.
- 23-24 Mar - **BM Children Camp**. Jointly organised by our church and All Saints' Cathedral; to be held at our church. Registration starts now. RM30/- per child. Contact: Crishna.
- Every Sunday afternoon, **games** available; pickleball, basketball, football and volleyball. Contact Anjun. Bring your friends.

#### 7. **COMING IN MARCH**

- 2-4 Mar - ADOS-W Shepherds' Conference.
- 9 Mar - ADOS-W Prayer meetings.
- 13-15 Mar - 'Bible Play' children ministry training.
- 19-21 Mar - ADOS-W Prayer Conference.
- 23-24 Mar - Understanding LGBTQ seminar.

**FOR GIVING ONLINE**  
**RHB Bank | 2-10103-0001913-1**  
**Christ Church Likas**

**Boost:** <https://myboost.app.link/FPvG94VIT4>



# 'THAT I MAY KNOW CHRIST'

- Philippians 3:10

Weekly bible reading plan	Mon, Feb 23	Acts 27	Ps 50	Fri, Feb 27	Rom 3	Ps 54
	Tue, Feb 24	Acts 28	Ps 51	Sat, Feb 28	Rom 4	Ps 55
	Wed, Feb 25	Rom 1	Ps 52	Sun, Mar 1	Rom 5	Ps 56
	Thu, Feb 26	Rom 2	Ps 53			

'Be Humble' - John 13: for reflection & discussion:

- When was the last time you washed someone else's feet? Share.
- Jesus knew that the Father had given all things into His hands (v.3), yet He washed the disciples' feet. What does Jesus' action teach us about being a leader? Read also Mark 10:42-45.
- Peter first refused to let Jesus wash his feet (v.8). Why didn't Peter want Jesus to wash his feet? Have you ever found it hard to accept help from others?
- Jesus said, "Unless I wash you, you have no part with me." (v.8). Why did Jesus say Peter needed to be washed? What does it teach us about our need for Him?
- After washing their feet, Jesus asked, "Do you understand what I have done for you?" (v.12). What does this incident of washing tell us about who Jesus is and what He has come to do?
- If Jesus had come all the way from heaven to serve humankind, how may we serve one another? Think of someone you can serve this week - at home, at church, or at work.

## FOR PRAYER

### **Our Beloved Sabah**

- pray for those affected by the recent floods; esp., in the Pitas and Paitan areas. Pray that church and community leaders may serve the people well with drinking water, food, shelter and other necessities.

### **Our Beloved Christian Community**

- that through the disciplines of prayer, fasting and reading of the Scriptures throughout Lent, we may grow to appreciate more and more of what Jesus achieved for us at the cross.

### **Ourselves**

- that we may consider others better than ourselves; and learn to serve one another, as Jesus served.

- pray for the sick in body, mind and spirit; and for our 5 special friends. Name them in our prayer. Pray esp., for Rev. George Chong, and for Ps. Sylvia Jeanes.