



CHRIST CHURCH LIKAS

To Know Christ & to Make Him Known

Bishop: The Rt. Rev. Datuk Meller Jiki Tais

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2nd Sunday of Lent - 25 February 2024

A Prayer for Today

Lord God Almighty, grant Your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow You, the only God; through Jesus Christ our Lord. Amen



“Let us throw away every weight and sin that clings so closely ...” - *Hebrews 12:1*

English Worship Service is **live-streamed, 9:30 a.m.:**

- YouTube: <https://www.youtube.com/>

[@christchurchlikas/streams](https://www.youtube.com/@christchurchlikas/streams)

Welcome to a gathering of God's people.
We gather to worship the risen Lord Jesus and to encourage
one another to obey Him.

1. **ORDINATION, RETREAT & CONFERENCE**

Tomorrow evening, 7:30 pm, at All Saints' Cathedral, 23 ordinands will be made deacons or ordained priests. Everyone is encouraged to join in the occasion; to witness and to pray. God willing, Rev. StJohn Perry will be priested.

Facebook Link: <https://fb.me/e/1KsWxuk2m>

From Tues-Thurs, 27-29 Feb, Bishop Melter will gather all the clergy and pastors throughout the diocese for their annual retreat and conference. From our church are the Rector, Rev. Samuel, Pastor Margaret and Pastor Andriano. Bishop Chen Fah is the facilitator for the retreat, on Tues. Pray for a meaningful time together as they plan for the rest of the year.

2. **SEASON OF LENT**

The period of 40 days is a great time for reflection, repentance, and, renewal.

- 'Daily Lent Prayer' - everyday, Mon-Fri, at 12:00 noon. It is conducted at church, and online (hybrid); in CH, EN & BM (different breakout rooms). Extended time for prayers. You may send in your prayer requests.

All are welcome; including our friends.

Zoom Meeting ID: [846 5515 2727](https://zoom.us/j/84655152727) Passcode: 0224

- Engage in activities that will bring us closer to the Lord - attend the Sunday evening Praise Worship Service (tonight - Rod Winter), read the Bible, pray, listen to Christian messages, music and songs, or read a Christian book. Visit the sick, needy and lonely.
- Rid bad habits or addictions; and to develop new healthy ones.
- Gotong-royong. Rid the clutter in our house or office. And most importantly, in our lives!!



3. **PRAISE GOD & THANK-YOU**

To date, a total of RM11,015 was received through the 'Thanksgiving Angpow'; for the Welfare & Missions Fund.

4. **HAKKA SERVICE**

Starting next Sunday, 3 Mar, every first Sunday of the month, the CH Service will be conducted in Hakka. ARK residents are invited.

5. LENTEN SERMONS

For the next few Sundays, we will follow the general theme of 'Throw Away' - "Let us also **throw away** every weight, and sin which clings so closely, and let us run with endurance the race that is set before us", Hebrews 12:1. We will use Jesus's Sermon on the Mount to guide our thoughts:



- 25 Feb, today: 'Throw away anger' - Matthew 5:17-27
- 3 Mar - Lent 3: 'Throw away vengeance' - Matthew 5:38-48
- 10 Mar - Lent 4: 'Throw away greed' - Matthew 6:1-4, 19-24
- 17 Mar - Lent 5: 'Throw away anxiety' - Matthew 6:25-34.

6. GOTONG-ROYONG

Next Sunday, afternoon, 2:00 pm-5:00 pm. Please come with your rags, buckets, brooms, grass-cutters, etc. - and give the church and the compound a face-lift. We want to warmly welcome the 400 participants for the Diocesan Children Worship Conference.

7. ADULTS CELL LEADERS

The Rector will meet with EN leaders on 10 Mar; and the CH on 17 Mar.

8. DIOCESAN HAPPENINGS

- 4-7 Mar - CH & EN Children Worship Conference, Christ Church Likas. Pray for a great work of the Holy Spirit.
- 10-12 Apr - BM Prayer Conference, St. Patrick's Church, Tawau. Theme: *Impak Penerobosan*. Register now.

9. ANNUAL GENERAL MEETING - early notice.

24 Mar, Palm Sunday - our AGM. Please make plans to attend our annual family gathering. Though this year we need not vote for a new PCC, the electoral roll will still be displayed, for updates. For those writing reports, please start the process of doing so.

10. OTHER MINISTRIES

- 29 Feb, this Thurs, 8:00 am: Holy Communion Service in church. 9:00 am onwards: home visits. Please contact the church office, if your loved ones need this ministry.
- 2 Mar, 9:30 am - The Evergreens, Omega Hall.

FOR GIVING ONLINE
RHB Bank | 2-10103-0001913-1
Christ Church Likas

Boost: <https://myboost.app.link/FPvG94VIT4>



THROW AWAY

“Let us also throw away every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus”

- Hebrews 12:1-2

Introduction:

- Some things to throw away in our lives; so that we may faithfully live our Christian life.
- Jesus' Sermon on the Mount points to some baggage we need to throw away - anger, vengeance, greed, anxiety.
- To have emotions is to be human.
- Anger is a very common emotion.

1. Rightful Anger

- i. God's anger - Exodus 23:6; Deuteronomy 9:8; Psalm 85:5
- ii. Jesus' anger - John 2:13-22
- iii. Our anger - Ephesians 4:26-27; Psalm 4:4

2. Harmful Anger - Matthew 5:21-26

- i. Beware of the 'heart'; not just the deed.
- ii. Beware of the consequences; not just the desire.

Conclusion:

- a healthy self
- a healthy community

FOR PRAYER

Our beloved World

- pray for world peace

[for the violence in the Middle East not to escalate further]

Our beloved Diocese

- pray for the ordinands

[for St.John Perry, and 22 others to be ordained deacons & priests]

Ourselves

- pray for a meaningful Lent season

[for God's guidance in our personal lives]

- pray for the sick in body, mind and spirit; and for our 5 special friends. Name them in our prayer.